

# A LIFETIME OF CANINE WELLNESS

Mary Ann Vande Linde, DVM

Pet's Name \_\_\_\_\_ M F N S

**Please remember that this is a wellness schedule. If your pet ever becomes ill, additional tests and diagnostics will be necessary.**

**Up to 85% of pets older than 3 years of age have dental disease!** Dogs and cats are not supposed to have bad breath. They have bad breath because they do not brush their teeth. Brushing your pet's teeth is beneficial for both your pet and your pocketbook. Advanced dental disease can be costly, not to mention painful to your pet. If you are unable to brush your pet's teeth daily, consider having a dental cleaning performed on your pet once a year.

**“Senior at Seven”**  
Pets don't age the way people do—they age much faster. Most pets are considered seniors at 7 years of age. Be sure to visit your veterinarian regularly.

## 8 Weeks \_\_\_\_\_

- \_\_\_ Comprehensive physical exam
- \_\_\_ Weight \_\_\_\_\_
- \_\_\_ Body condition score (BCS) \_\_\_\_\_
- \_\_\_ DHPPV/DHLPPV vaccine \*
- \_\_\_ *Bordetella* vaccine
- \_\_\_ Gastrointestinal parasite testing
- \_\_\_ Deworming/heartworm medication
- \_\_\_ Behavior discussion

## 12 Weeks \_\_\_\_\_

- \_\_\_ Comprehensive physical exam
- \_\_\_ Weight \_\_\_\_\_ BCS \_\_\_\_\_
- \_\_\_ Flea/tick control
- \_\_\_ Distemper combo vaccine
- \_\_\_ Deworming medication
- \_\_\_ Dental exam
- \_\_\_ Heartworm prevention

## 16 Weeks \_\_\_\_\_

- \_\_\_ Comprehensive physical exam
- \_\_\_ Weight \_\_\_\_\_ BCS \_\_\_\_\_
- \_\_\_ Nutritional assessment
- \_\_\_ Rabies vaccine
- \_\_\_ Distemper combo vaccine
- \_\_\_ Internal parasite test
- \_\_\_ Deworming
- \_\_\_ Dental exam

## 4–6 Months \_\_\_\_\_

- \_\_\_ Spay or neuter
- \_\_\_ Presurgery blood work recommended

## 1–4 Years \_\_\_\_\_

- \_\_\_ Comprehensive physical exam
- \_\_\_ Weight \_\_\_\_\_ BCS \_\_\_\_\_
- \_\_\_ Nutritional assessment
- \_\_\_ Internal parasite test
- \_\_\_ Gastrointestinal parasite testing \*
- \_\_\_ Rabies vaccine
- \_\_\_ DHPPV/DHLPPV vaccine
- \_\_\_ *Bordetella* vaccine
- \_\_\_ Heartworm/flea & tick prevention
- \_\_\_ Wellness blood work
- \_\_\_ Dental cleaning when needed

## 5–20 Years \_\_\_\_\_

- Semiannual physical exam
- \_\_\_ Weight \_\_\_\_\_ BCS \_\_\_\_\_
- \_\_\_ Nutritional assessment
- \_\_\_ Deworming
- \_\_\_ Check fecal sample \*
- \_\_\_ Rabies vaccine
- \_\_\_ Distemper vaccine
- \_\_\_ Kennel cough vaccine
- \_\_\_ Heartworm test/prevention
- \_\_\_ Dental cleaning when needed
- \_\_\_ CBC/chemistry panel
- \_\_\_ Urinalysis
- \_\_\_ Thyroid check

## Optional Senior Wellness Tests

- \_\_\_ Electrocardiography
- \_\_\_ Blood pressure
- \_\_\_ Eye pressure
- \_\_\_ Abdominal radiography
- \_\_\_ Thoracic (chest) radiography

\* May be adjusted based on age of dog at first visit